

THE IPRN NEWS

IOWARECOVERY.ORG

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Iowa Pharmacy Recovery Network, Inc.
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IPRN has been funded by licensure and re-licensure fees since 1998.

The IPRN News is going online!

The IPRN News

IPRN has been working with pharmacists, pharmacy students and pharmacy technicians in Iowa since 1997. When talking about increasing our awareness and promoting IPRN, the idea of an online newsletter came to light. So this is it! The first IPRN NEWS! We hope you enjoy!

We are looking for articles, pictures or other great stuff to share. Let us know what you have been doing. Also, let us know what you think of the IPRN News. It would be great to share ideas and solutions. And if you know anyone who would like to receive this newsletter just email and we will add them to the mailing list. Otherwise, feel free to pass the news along.

Thank you all for all the work you have done for IPRN. It is through all of you that we continue to carry the message in Iowa.

Watch for the IPRN News!

The Facts

IPRN has been working with impaired pharmacists, student pharmacists and pharmacy technicians for the past 7 years. It has been exciting and challenging work.

We have had 58 clients in the past 7 years. We have had 12 who have successfully completed their contract. This is 21%. We currently have 18 that are current. This is 31%. We have had 10 move to other states and 18 who have chosen not to participate. We do accept contracts from other states.

Since we are still in our infancy with most contracts lasting 5 years we expect those who successfully complete will increase. We are also expanding the program which we hope will give increasing numbers of successful completions.

The facts show that working with IPRN greatly increases the individual's opportunities, professional and personal choices!

We are committed to excellence.

"The facts show that working with IPRN greatly increases the individual's opportunities, professional and personal choices."

"Services provided by IPRN are intended to be in the best interest of the professional and the public."

Providing direction as a confidential resource

Providing support through caring volunteers

Providing education about impairment

About IPRN

IPRN is a monitoring and advocacy peer-review program for the purpose of assisting impaired pharmacy professionals, including pharmacists, pharmacy students and pharmacy technicians, whose dependency and/or disability is potentially threatening to professional performance and public safety.

Services provided by IPRN are intended to be in the best interest of the professional and the public. IPRN's activities are designed to preserve the involved professional's reputation and ability to render competent and quality pharmaceutical care.

Estimates place the incidence of chemical dependency in the pharmacy profession at about 15%. If this is accurate, Iowa potentially has 350 impaired pharmacy professionals. IPRN has been designed to deal with these pharmacy professionals in a compassionate and non-punitive manner.

Providing direction as a confidential resource

Where do you turn when you or someone you care about needs help with an addiction or psychiatric disorder? IPRN serves as a confidential resource. Our mission is to help identify impairment and assist individuals in getting the help they need.

Providing support through caring volunteers

IPRN volunteers understand addiction and psychiatric disorders and can help provide a second chance to those who need it. Volunteers will help arrange for an evaluation, treatment and aftercare support. They also serve as advocates for the recovering individual in coping with professional and personal issues resulting from impairment and recovery.

Providing education about impairment

IPRN provides educational programs and information to pharmacy professionals about impairment.

There are many roles for volunteers, including advocating for impaired professionals with an IPRN contract, and providing peer support and assistance to impaired professionals as they enter treatment and recovery. IPRN will assure that volunteers are adequately trained and educated so they can most effectively work with clients throughout the state.

Volunteer to make a difference today!

APhA PRN and the Addiction Ping

As a part of its Pharmacy Recovery Program, APhA engages in the following ongoing activities:

- **Works with more than 45 state pharmacy recovery programs developed by state pharmacy associations, state societies of hospital pharmacists, and/or state boards of pharmacy**
- **Cooperates with colleges and schools of pharmacy which are in various stages of planning, implementing programs to assist impaired pharmacy students**
- **Cooperates with the National Association of Boards of Pharmacy in its efforts to develop model regulations to assist State Boards of Pharmacy in relating to impaired pharmacists and pharmacist recovery programs in their states**
- **Works with the National Association of Chain Drug Stores to provide annual scholarships to the University of Utah School on Alcoholism and Other Drug Dependencies**
- **Cooperates with International Pharmacists Anonymous and International Doctors in Alcoholics Anonymous by promoting membership and publishing activities**
- **Cooperates with the American Association of Colleges of Pharmacy to establish working relationships between the state Pharmacist Recovery Programs and the schools and colleges of pharmacy and to institute more educational opportunities on alcoholism and other drug dependencies**
- **Cooperates with the American Society of Health-System Pharmacists to assure access of hospital pharmacists to state Pharmacy Recovery Programs**
- **Works with the APhA Academy of Students of Pharmacy to encourage the establishment of assistance programs for impaired pharmacy students and to increase educational offerings on chemical dependency subjects**

Volunteers are always welcome at IPRN!

Watch for an update of Drake's PRN program in the next issue!

"PING"
Practitioner Interest Group

Did you know that APhA has an addiction practice interest group?

The mission of the APhA Addiction Practitioner Interest Group is to foster greater awareness and understanding of addictive disease as a public health issue and promote treatment and recovery from addictive illnesses through education, advocacy and peer support.

APHA is online at APHA.net

Did you know that we have PRN programs in both the U of I and Drake?

I am available at the IPRN number: 1-877-890-4776 or by email at: emily@proheights.com

Put the committee meeting in your calendar for November 29th.

UIPRN NEWS

The UIPRN Committee invited guest speakers to a luncheon and presentation on October 27th. The committee had a recovering pharmacist tell his story and a presentation on IPRN. The meeting was well attended and the food was great! Afterward the committee met and shared ideas on promoting and advancing IPRN. Thanks to all who came and participated.

Thanks to the UIPRN Committee!

New Monitor

The IPRN committee has contracted with Emily Dykstra, R.Ph. I will be the monitor for IPRN contracts and assist with education on the disease of impairment. I am excited and challenged by this opportunity. I have copied all the files that I have so they will be available electronically. I will be letting you know what else I need. I will be reporting to the board monthly so I am hoping to hear from everyone at least once a month, even if it is just a short email! For your clients that are sending reports to IPRN, please pass along this address. I am looking forward to meeting all of you!

Upcoming Committee Meeting

A meeting for the IPRN committee is being planned for November 29th. We are planning to meet in Iowa City. I have included the agenda in the newsletter. There will be advocate training for new advocates. We will have an open committee meeting. Dr. Rick Hauser will give a presentation for the new Impaired Professionals Treatment Program at Mercy Hospital in Iowa City. Lunch is included. Please contact myself or Jennifer if you have plans to attend.

I hope to see you all there!

IPRN Goals

Provide recovery assistance and education

Identify and approach the impaired pharmacist, pharmacy technician, or pharmacy student with their problem

Recommend facilities for evaluation and referral

Persuade the pharmacy professional to enter appropriate treatment and

Monitor the pharmacy professional's rehabilitation and reentry into the profession.

IOWA PHARMACY RECOVERY NETWORK, Inc.

Committee Meeting

Tuesday, November 29, 2005

Banker Student Center, Rooms D&E

University of Iowa College of Pharmacy, Iowa City

AGENDA

Advocate Training – 9:00 – 11:00 a.m.

For new volunteers only. This training will discuss the role of the advocate in IPRN and the policies and procedures regarding volunteer involvement.

Committee Meeting – 11:00 – 1:00 p.m.

Open Session – 11:00 a.m. – 1:00 p.m. (lunch included)

- I. Welcome and Introductions***
- II. Presentation – Richard Hauser, MD – 11:00 – 11:30 a.m.***
- III. Staff Report***
- IV. Consultant Report – Pro Heights/Emily Dykstra***
- V. Volunteer Report***
- VI. Colleges of Pharmacy Report***
- VII. Board of Pharmacy Report***
- VIII. Marketing***
- IX. Role of the IPRN Committee***
- X. Miscellaneous***

Closed Session, 1:00 – 2:00 p.m.

- I. November Board Report***
- II. Discussion of Active Cases***
- III. Adjournment***

Contact Info:

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***Thank you for all
you do for IPRN
and the recovery
network in Iowa!***

Please feel free to call if you need assistance, need information or need help with an intervention.

We can help!

If you know anyone who would like to receive this newsletter just email and we will add them to the mailing list. Otherwise, feel free to pass the news along.

What can I do if I suspect impairment?

It is difficult to take an initiative and get help for someone you care about. But it is more difficult to watch a colleague's personal and professional life fall apart. We need your help to make a difference to each and every pharmacy professional with a disease that is causing impairment. IPRN can only be successful if we all work together and know that each intervention will positively affect a persons' life.

Please contact IPRN if you notice the following symptoms of impairment:

- **Changes in work or school attendance or performance**
- **Alteration of personal appearance**
- **Mood swings, attitude change or unusual patterns of behavior**
- **Withdrawal from responsibilities, family or friends**

What IPRN can do

IPRN has been designed to work with impaired pharmacy professionals in a compassionate and non-punitive manner to provide assistance with interventions, with locating rehabilitative services and to serve as advocates for the reentry into the profession of pharmacy.

Contact IPRN at:

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Have a Great Thanksgiving!